

Healthcare Workers!

SAFER • HEALTHIER • PEOPLE™

Are your vaccinations up to date?

You should be immune to:

**PROTECT
YOUR
PATIENTS.**

**PROTECT
YOUR FAMILY.**

**PROTECT
YOURSELF.**

**GET
VACCINATED!**



▶ **INFLUENZA**

You need a flu vaccination **every year**. Unvaccinated healthcare workers can spread influenza to patients and are a key cause of influenza outbreaks among patients and long-term care residents. You **cannot get the flu from the vaccine**.

▶ **HEPATITIS B**

5%–10% of acute infections lead to chronic infection, and these lead to liver damage (cirrhosis), liver cancer, or death. Hepatitis B vaccine protects nearly all who are **in contact with blood, body fluids, or used needles**.

▶ **MEASLES/MUMPS/RUBELLA**

If you are not already immune, you should be vaccinated. Even **mild or undetectable rubella disease** can cause fetal anomalies.

▶ **TETANUS/DIPHTHERIA**

You need a booster **every 10 years**. You may need a dose sooner if you are injured.

▶ **VARICELLA (CHICKENPOX)**

Varicella can be transmitted **in hospitals** by patients, staff, and visitors. If you are not already immune, you should be vaccinated.

